

# **SPA**

## **HEALTH INSTRUCTIONS FOR MEMBERS:**

1. It is mandatory to wear mask before entering the SPA as COVID-19 spreads through coughing, sneezing & heavy breathing through air
2. Please sanitize your hands before entering into SPA
3. Please maintain 02 meter distance from other members/staff.
4. There will be a break of 15 minutes after every session to disinfect the massage room please cooperate with our staff.
5. The number of members is limited in SPA at one time; please coordinate with SPA reception at Ext 270 to set your time.
6. 02 members will be accommodated at one time in steam Room.
7. 01 member will be accommodated at one time in Sauna.