



OFFICE OF THE DISTRICT MAGISTRATE
ISLAMABAD CAPITAL TERRITORY
ISLAMABAD

No. 1(135)-HC (G)/2020

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SOPS FOR HAIR AND BEAUTY SALONS / PARLORS TO PREVENT COVID-19 SPREAD.

ICT Administration with the consultation of Ministry of National Health Services, Regulation & Coordination, Islamabad is pleased to issue the Standard Operating Procedures (SOPs) for general businesses to prevent COVID-19 spread as detailed below:

BASIC PRINCIPLE.

COVID-19 is a highly transmissible disease which spreads through respiratory droplets produced during coughing, sneezing and talking of the infected person. The droplets may contaminate the surfaces and hands. Touching eyes, mouth and nose with contaminated hands transmits the virus that affects the respiratory system. Salons are required to observe following precautionary measures to avoid disease spread:-

a. HAND HYGIENE.

- Facility for handwashing with soaps or sanitizers must be provided at salon.
- Salon staff must wash hands with soap before attending every customer.

b. RESPIRATORY HYGIENE (ETIQUETTES).

- Both salon staff and customer shall wear face mask.

c. SOCIAL (PHYSICAL) DISTANCING.

- Avoid overcrowding by providing service to customers on appointment only. Follow one customer at a time policy.
- No handshake or hugging is allowed.
- No customer should be allowed in the waiting area.
- Limited customer number up to 50% of total salon capacity at a time and 2-meter square inter customer distance should be maintained.

d. CLEANLINESS AND DISINFECTION.

- Salon must be well lit and ventilated having open windows and doors or fitted with exhaust fan. If the salon is air conditioned, then ventilation should be ensured after one hour by opening doors and windows or exhaust fan should be operative all the time.
- Avoid use of towel.
- Furniture, doors, chairs and other high touch surfaces should be disinfected with 0.05% chlorine solution prepared on daily basis.
- All used tools and customers chair must be disinfected with chlorine solution before attending every customers.
- Metallic tools like scissor, nail cutter, tweezer etc, should be disinfected with alcohol based disinfectant. Chlorine should be avoided due to its corrosive action which may damage the tools.
- Use disposable foam, sponge and other porous tools and discard them after single use.

Note: Approved awareness material regarding COVID-19 should be displayed in shops and business points at prominent places; Urdu version of SOPs is appended herewith for wider circulation.