

Islamabad Club Polo Academy Training Plan

SPRING AUTUMN 2017

Beginners Training

Class 1| 5th Sep 2017 to 15th Oct 2017

Class 2| 17th Oct 2017 to 26th Nov 2017

Total weeks:

6

No of lessons per week:

4

Lessons:

19

Details

(Wooden horse + Arena classes).

Rules classes:

5

(Indoor lessons)

Regular lesson duration:

30

minutes

Stick and ball duration:

25

minutes

Charges

IC/Polo members

Rs. 40,000 with Club horse

Non members

Rs. 60,000 with Club horse

IC/Polo members

Rs. 28,000 with own horse

Non members

Rs. 40,000 with own horse

Inter mediate Level Training

Class 1 | 5th Sep 2017 to 15th Oct 2017

Class 2 | 17th Oct 2017 to 26th Nov 2017

Total weeks: 6
No of lessons per week: 4

| Details |

Lessons: 24 (i. 2 chakkas of 10 mins each & 5 mins stick and Ball
 ii. depending upon the knowledge and requirement, coach will run rules classes.)

IC/Polo members

Non members

IC/Polo members

Non members

| Charges |

Rs. 50,000 with Club horse

Rs. 70,000 with Club horse

Rs. 30,000 with own horse

Rs. 50,000 with own horse.

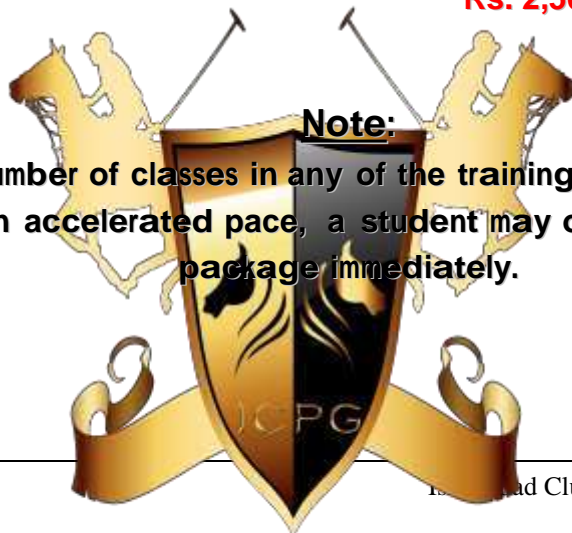


Other Lessons

Stick & Ball coaching class

Rs. 3,500 with Club horse.

Rs. 2,500 with own horse.



Note:

If the total number of classes in any of the trainings is completed before time, on an accelerated pace, a student may opt for another full package immediately.